PRESBYTERIAN Community Services
Inspiring tomorrow's community today

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PRESBYTERIAN COMMUNITY SERVICES, HEAD OFFICE
533 GEYLANG ROAD, SINGAPORE 389489

Engaging Seniors, Strengthening Communities

Prolonged isolation left this once-regular Active Ageing Centre (AAC) member frail, injured from a fall, and battling depression. Discover how a PCS Social Worker and her AAC friends rallied to encourage her to overcome her fear of leaving home.

Mdm Wong used to visit Presbyterian Community Services (PCS) Evergreen Circle Active Ageing Centre (AAC) daily, enjoying activities with her close group of friends. Then, one day, she stopped coming entirely. Her absence worried her friends, who couldn't understand why she had cut off all contact.

It was during a rare outing for necessities that Mr. Andy Toh, PCS Assistant Senior Social Worker, encountered Mdm Wong and noticed she seemed frail and anxious. Sensing something was amiss, Andy reached out to learn more.

He discovered that Mdm Wong, who is widowed without children, had developed an intense fear of catching COVID-19 and being left without care. Her anxiety grew as she followed news reports, leaving her isolated and overwhelmed. Initially, she declined Andy's offers to visit, fearing infection, but he continued to check in through phone calls.

A turning point came when Mdm Wong suffered a spinal injury after a fall, leaving her in pain and struggling to recover alone. Depressed and unable to manage, she eventually allowed Andy to visit and provide support.

Over two years of regular visits, Andy became a steady source of reassurance for Mdm Wong. He connected her to community services, including Advanced Care Planning, and linked her with trained counsellors.

(Mdm Wong when she first came back to ECAAC)

Today, Mdm Wong is thriving again. She participates regularly in activities at the centre and has found that simple exercises help her manage pain and stay active. While occasional anxiety persists, she now knows exactly where to turn for help.

Join PCS in creating a community where every senior can lead healthy, interdependent, and purposeful lives.

*Collect all 4 illustrations on the reverse side in 2025 to reveal a surprise!

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Join us to Engage, Equip, and Empower Seniors and People with Special Needs

Your support helps us reach and engage more seniors like Mdm Wong. In Singapore, the number of residents aged 65 and above living alone has grown from 58,000 in 2018 to 79,000 in 2022. Some seniors are hesitant to accept help initially, but through consistent trust-building and support, community partners can eventually guide them toward the care and services they need. https://www.moh.gov.sg/news-room/seniors-staying-alone

(Please complete all fields in **BLOCK LETTER**) **DONATION FORM** please tick ☑ where applicable

Part 1: Type of Donation

I would like to make a

☐ monthly donation of $ _____ (Minimum $50 for 250% tax deduction; Kindly fill in Part 2 and 3 below.)

☐ monthly donation of $ _____ (Minimum $50 to quality for monthly donation; Kindly fill in the GIRO form in Part 4 below.)

Part 2: Mode of Donation (For one-time donation only)

☐ **PCS WEBSITE** (scan this QR code or visit pcs.org.sg/LNY25)

☐ **CHEQUE** (Please make sure your cheque payable to **Presbyterian Community Services** and enclose it with this donation form; cheque donations will incur clearance fees.)

☐ **BANK TRANSFER** (Please make transfer to Account No.: **DBS 033-018726-2**
Name of Payee: **Presbyterian Community Services**)

☐ **CREDIT CARD** (Please indicate your Card No.: ☐☐☐☐-☐☐☐☐-☐☐☐☐-☐☐☐☐

Card Expiry Date: M M Y Y Today's Date: D D M M Y Y Singnature: _____

Part 3: Donor Details (For one-time donations only)

☐ Personal ☐ Company

Name or Individual/Company (as per NRIC/FIN/Registered name for company)*: _____

NRIC/FING/UEN No.*: _____ Address: _____

Postal Code: _____ Tel: _____ Email: _____

*Required fields for tax deduction. Please ensure donation form is mailed with Name and NRIC clearly indicated. Donations of $50 and above are eligible for 250% tax deduction.

Seal with glue here

Seal with glue here

Part 4: GIRO Authorisation Form (For GIRO donations only)

Name of Bank: _____ Name of Billing Organisation: **Presbyterian Community Services**

My/Our Account No.: _____ My/Our Name (as in Bank's record): _____

My/Our NRIC/FING/UEN No. : _____ Contact Number: _____

a) I/ We hereby authorize the Bank to process Presbyterian Community Services' instructions to debit my/our account.
b) The Bank is entitled to reject Presbyterian Community Services' debit instruction if my/our account does not have sufficient funds and charge me/us a fee for this. The Bank may also at its discretion allow the debit even if this results in an overdraf on the account and impose changes accordingly.
c) This authorization will remain in force until i) the Bank's written notice is sent to my/our address last known to the Bank; ii) upon the Bank's receipt of my/our written revocation; or iii) upon the Bank's receipt of the notice of the expiry from Presbyterian Community Services.

_____ My/Our Company Stamp and Signature(s)/Thumbprint(s) (as in Bank's record)

_____ Date (DD/MM/YY)

To be completed by Presbyterian Community Services

Bank	Branch	PCS Bank Account No.
7171	033	033-018726-2

Bank	Branch	PCS Bank Account No.

Donor Reference Number

Part 4: GIRO Authorisation Form (For GIRO donations only)

To: Presbyterian Community Services

This application is hereby REJECTED (please tick) for the following reason(s):

☐ Signature/Thumbprint differs from Financial Institution's records
☐ Signature/Thumbprint Incomplete/unclear
☐ Account operated by Signature/Thumbprint
☐ Amendments not countersigned by customer
☐ Wrong account number
☐ Others

_____ Name of Approving Officer

_____ Authorised Signature

_____ Date

Contact Us 533 Geylang Road (S)389489 Tel: 63344445 Tax: 63387153 Email: www.pcs.org.sg Facebook/Instagram: @pcsinspire

I am the vine; you are the branches.
John 15:5a (ESV)