PRESBYTERIAN Community Services
长老会社区服务
Supporting Families, a community of care

Easter Appeal 2018

Caring for the less fortunate...together
一同为弱势群体献爱心

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PRESBYTERIAN COMMUNITY SERVICES
HEAD OFFICE
89 SHORT STREET
#08-08 GOLDEN WALL CENTRE
SINGAPORE 188216

Thank you for your generosity

♦ **Our Seniors Activity Centres (SACs)** purpose is to reach out in partnership with the community to engage and support the frail seniors to age-in-place for as long as possible. We currently run five centres:

- **Sarah SAC @ Jalan Bt Merah**
- **Evergreen Circle SAC @ Tampines**
- **Hannah SAC @ Toh Yi**
- **Martha SAC @ Upper Serangoon**
- **SAC @ 61 Strathmore Ave**

♦ **Dorcas Home Care** 家居护理 assists the frail and vulnerable elderly in our community through meals delivery, escort for medical appointments, housekeeping and personal hygiene services.

♦ **Emergency Relief Scheme 紧急经济援助** provides short-term financial assistance to families and individuals in dire financial straits, e.g. sudden loss of sole breadwinner, illnesses etc.

♦ **Integrated Programme (IP)** is an inclusive programme that allows children with special needs and developmental delays to learn alongside regular peers in a mainstream setting.

Ageing-In-Place Together

Mr Goh Soo Peng, 70, is staying in a rental flat at Jalan Bukit Merah with his 67 year old wife and son who is in his forties. The elderly couple has been members of SARAH SAC since April 2016.

Mrs and Mr Goh ageing-in-place together.

The senior Mr Goh has hypertension and early stage dementia. He has an unsteady gait and relies on a walking aid to move around. Mrs Goh has high blood pressure and cholesterol. Morever she has vision loss in her right eye so she relies on her good left eye to see.

The junior Mr Goh has Sjögren's syndrome, a neurological condition that affects his nervous system, and an inflammatory condition in his spinal cord. This causes pain, muscle weakness and paralysis. As a result, he is unable to work as he cannot stand for long hours. The family is receiving financial assistance from the Social Service Office.

A few months ago, the younger Goh had a fall and was admitted into hospital for observation and rehabilitation. Prior to his hospitalization, he was still able to care for the elderly parents. During his hospitalization, the senior Mr Goh became the sole caregiver to his wife.

Upon finding out their situation, the SAC staff and volunteers began delivering lunch to the elderly couple as well as regular visits to monitor their well-being. This went on for a few months during the son's hospitalisation.

Since becoming a member, Mr Goh has been attending our SAC activities regularly. We also invited him for some of the outings organized. As a result, a close rapport was built between him, the staff and also friendship with other seniors.

With the support and encouragement of the staff and seniors, he is able to enjoy ageing-in-place despite his personal and family health issues.

Thank you for your care & support ...

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PRESBYTERIAN Community Services

Wef 1 Jan 2011, all donations by individuals/corporates will be automatically included for tax deduction.
Donations made from 1 January 2016 to 31 December 2018 will be eligible for 2.5 times tax deduction.

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