Christmas Appeal 2016

PRESBYTERIAN COMMUNITY SERVICES
Inspiring compassion, empowering today
长老会社区服务

Thanks for Because of Your Care...

谢谢你的爱

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PRESBYTERIAN COMMUNITY SERVICES
HEAD OFFICE
89 SHORT STREET
#08-08 GOLDEN WALL CENTRE
SINGAPORE 188216

Sharing love through our services...

Building a Compassionate Nation Together

Our Seniors Activity Centres (SACs) mission is to reach out in partnership with the community to engage and support the frail seniors to age-in-place for as long as possible. We currently have

Sarah SAC @ Jalan Bt Merah

Evergreen Circle SAC @ Tampines

Hannah SAC @ Toh Yi

Dorcas Home Care 家居护理 assists the frail and vulnerable elderly in our community through meals delivery, escort for medical appointments, housekeeping and personal hygiene services.

Emergency Relief Scheme 紧急经济援助 provides short-term financial assistance to families and individuals in dire financial straits, e.g. sudden loss of sole breadwinner, illnesses etc.

Integrated Programme (IP) is an inclusive programme that allows children with special needs and developmental delays to learn alongside regular peers in a mainstream setting.

Because you cared...I am not afraid anymore.

因为你们 ... 我不再害怕 ...

Ng Ah Hock (not his real name), 84, lives alone in a rental flat at Jalan Bt Merah. He is one of the many single seniors that I visit during my work in Sarah Seniors Activity Centre (SAC). He is a private person and tries to do everything himself, preferring not to depend on anyone.

About 3 months ago, Mr Ng disclosed to me that he has been feeling unwell. I also noticed that his feet were swollen and appeared bruised-black. I had urged him to see a doctor but he refused.

One afternoon, a resident volunteer noticed that Mr Ng was squatting at the groundfloor void deck and appeared unwell. She immediately alerted me and I went down to look. By then, he was already very weak and not very responsive. So I immediately called the ambulance for him.

A few days later, his nephew came to inform us that Mr Ng was diagnosed with terminal cancer and only had a few months left to live. I was saddened to hear of his condition. He was recommended to stay in a hospice but Mr Ng stubbornly refused and wanted to live out his remaining days at home.

Together with the help of the palliative care staff, Mr Ng was able to come home. The staff and volunteers from the centre checked on him constantly and helped arrange for his meals and other needs.

Mr Ng's condition continued to deteriorate. Eventually, he was so touched by our care and concern that he decided to go to the hospice. Before he left, he even came to bid farewell to me and his other friends. It was an emotional moment for everyone. We will miss his presence.

Story by Meiping, staff of SARAH SAC

Ng Ah Hock (非真名), 84岁,单身,独居在 Jalan Bt Merah 的租赁组屋。他是我经常探访的独居老人之一。Mr Ng 一直以来都非常独立,很多事情都喜欢亲力亲为。

大约三个月前,他一直感觉身体不适,也向我透露他有腹泻的现象，而且情况越来越频繁！我也发现他的两只脚板开始肿大和发黑!我就劝他去看医生,可是他一直拒绝去做检查。

几个星期前的中午,中心的义工来办公室告诉我说Mr Ng赤着脚蹲在组屋楼下并且脸色苍白！我和同事即刻跑到楼下看他.我们发现他身体非常虚弱,意识也有些模糊！我们马上打电话叫救护车把他送去医院。几天后他外甥来办公室向我透露医生已经证实他患了末期癌症！只有三至六个月的寿命。医院方面原本希望把他转入疗养院休养,可是被拒绝。医生没办法只好让他回家。因为他身体还是相当虚弱,双脚也无力,医疗社工联络我们希望我们多加留意他的情况和安排他的餐食。

两个星期前亚西西慈怀病院的社工和护士开始来探访他和为他开始家居护理服务。社工也和我密切联系希望我们可以一起劝他进入疗养院休养。一个星期下来他告诉我他感受到我们对他真正的关怀,终于愿意接受我们的提议住进慈怀病院。在他去疗养院的当天他还来中心向我道别。

Thank you for your care & support ...

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PRESBYTERIAN Community Services

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