



VALUES INSPIRED EDUCATION

# HOME BASED SUPPORT LEARNING (PART 2)

NURSERY 2



## Home Based Learning Part 2

Dear Parents,

As Singapore extends the Circuit Breaker (CB) period to 1 June 2020. We at PCS are committed to continue to support your child's learning at home during the CB extension period.

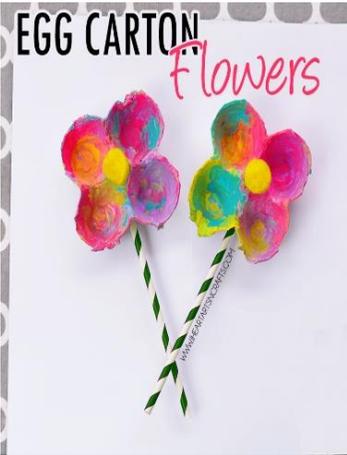
As with the previous HBL package, the HBL Part 2 is also a simplified version of our PCS's Value Inspired Education Curriculum that continues to cover our lesson plan for Term 2 week 7 - 10. In addition, on day one of every week, we continue to provide parenting tips and family fun activities for you to have an enjoyable time with your child at home. Please carry out the lessons/activities with your child according to your own needs and circumstances.

Please be assured that when your child returns to school after 1 June 2020, teachers will spend the whole of June to go through lessons covered during the CB period to ensure that your child understands what has been learnt at home before moving on to Term 3's lessons.

Our teachers will continue to get in touch with you and support in any queries regarding the HBL Part 2. Should you have any queries, please feel free to contact the school or our teachers for help.

Thank you for your continuous support and understanding.  
Let us continue to **Stay United! Stay Safe! Stay Healthy!** 😊

<b>Nursery 2</b>	<b>Term 2: Delicious Food</b>	<b>Week 7</b>	<b>Lesson 7.1</b>
<b>Parenting Tips</b> <b>Domain: Social and Emotional Development</b>		<b>Turn self-isolation into family bonding time: Tips to keep kids engaged during lockdown</b>	
<b>Objectives:</b> <ul style="list-style-type: none"> <li>- Raise well-balanced and well-adjusted children</li> <li>- Building family bonding time</li> <li>- Keep your child engaged during the Circuit Breaker period</li> </ul>			
<p><b>Talk to your children</b>          "First, explain clearly to children why we are all forced to be indoors and the importance of adhering to this restriction," says Parul Ohri, founding member, Momspresso.com. "Once they understand the reasoning, you will be surprised at how much more willing they will be to comply."</p> <p><b>Set up a routine</b>          "It starts with a routine, not only for kids but also for us parents," says Ohri. "Children need to understand this is not a vacation and that they must have fixed mealtimes and bedtimes. It would be useful to have a timetable of different activities they can do on their own while you finish your work. Chores like making their bed and cleaning up their room do not require your supervision." Ohri believes chores are a golden opportunity for parents to teach children to develop critical life skills and have them take up age-appropriate and gender-neutral responsibilities of housework.</p> <p><b>Nurture a hobby</b>          Parents should make the most of this period. "If the goal is to raise well-balanced, well-adjusted children with a broad base of knowledge, we need to move away from the idea that education is only what is taught in schools," says Dr Jyoti Suvarna, HOD-Pediatrics, Holy Spirit Hospital. "Some kids have a passion for painting or drawing or storytelling. Develop tasks that tap that passion. For younger kids, you could give them building blocks or a stepping stool that they can exercise on. Use this time to connect with your children and bond with them as a family." Exercise is one great way. Shivlani advises setting aside some time each day to work out with them indoors. "This not only engages the child but helps let off some pent-up energy."</p> <p style="text-align: right;">~ adopted from Turn self-isolation into family bonding time: Tips to keep kids engaged during lockdown (Tellis, 2020)</p>			

Nursery 2	Term 2: Delicious Food	Week 7	Lesson 7.2
Domain: Art and Fine Motor Skill		Lesson: Spring Flower Chime or Sunshine Card	
<b>Objectives:</b> <ul style="list-style-type: none"> <li>- Develop children's fine motor skills and creative skills as they do a project</li> <li>- Choose the activity and materials and colour of their choice</li> </ul>			
<p style="text-align: center;"><b>Song: Mummy</b> (in tune of Bingo)  I love her, and she loves me  And mummy is her name-o  m-u-m-m-y, m-u-m-m-y,  m-u-m-m-y  and mummy is her name-o</p> <p><a href="https://www.youtube.com/watch?v=SDgfiB3c2t8">https://www.youtube.com/watch?v=SDgfiB3c2t8</a>  Mommy   Song for Kids by Little Fox</p>			
<b>Activity: Flower Chime or Sunshine Card</b> <ul style="list-style-type: none"> <li>- Ask your child what he/she likes to make and what colour does she wants for his/her project and why</li> <li>- Encourage the child to cut out egg cartons into little pieces</li> <li>- Snip them all the way around to make them look like flowers</li> <li>- Let your child to choose the colour that they want</li> <li>- Dip the egg cartons into the paint and then smear them around</li> <li>- Press onto the paper to make egg carton flower prints</li> <li>- Let the prints (and egg carton pieces dry)</li> <li>- Tape/ glue the egg cartons onto the prints</li> <li>- Add some stems using markers or just add pipe cleaner stems to your egg carton flowers and display them in a vase</li> </ul>			
		 <p>EGG CARTON Flowers</p>	 <p>Mom, You are my sunshine!</p>

Nursery 2	Term 2: Delicious Food	Week 7	Lesson 7.3
Domain: Language (Phonics)		Lesson: Letter R	
<b>Objectives:</b> <ul style="list-style-type: none"> <li>- Review letter name and sound for 's, a, t, p, i, n, m, d, g, o, c, k'</li> <li>- Identify and sound out letter 'r'</li> </ul>			
<b>Song:</b> The Letter R Song - Learn the Alphabet (Bounce Patrol - Kids Songs) <a href="https://www.youtube.com/watch?v=gUSJeivdEH8">https://www.youtube.com/watch?v=gUSJeivdEH8</a> Dr Alice Tang   Phoneme Video <a href="http://alicetang.net/video-phonemes/">http://alicetang.net/video-phonemes/</a>			
<b>Instructions:</b> <ol style="list-style-type: none"> <li>1. Revise by showing lettercards for 's,a,t,p,i,n, m, d, g, o, c and k'</li> <li>2. Introduce letter 'r'</li> <li>3. Ask child what letter you are showing and ask the letter sound (repeat 3 times if necessary).</li> <li>4. Ask what words/ objects/ places/ names start with 'r'.</li> </ol>		<ul style="list-style-type: none"> <li>- refer to lettercard templates in Activity Book 7.3.1</li> </ul>	
<b>Activity:</b> <ul style="list-style-type: none"> <li>- Play the game of "I spy with my little eyes"</li> <li>- Take turn with your child to be the one to "spy" for something that starts with letter 'r' (and all other letters learnt)</li> <li>- E.g. you spotted ruler. Say to your child "I spy with my little eyes something that starts with letter 'r'.</li> <li>- Child can ask questions to help him/her make his/her guess, "is it red?" "is it blue" "is it round" "can I play with it?", etc until child got the answer.</li> <li>- In the process you can also give hints to help child make his/her guess</li> </ul>			

Nursery 2	Term 2: Delicious Food	Week 7	Lesson 7.4
Domain: Numeracy		Lesson: Five Frame Matching	
<b>Objectives:</b> - Count with understanding and recognize 'how many are in sets of objects'			
<b>Song:</b> One Potato, Two Potatoes by Super Simple Songs <a href="https://www.youtube.com/watch?v=efMHLkyb7ho">https://www.youtube.com/watch?v=efMHLkyb7ho</a> How Many Fingers? By Super Simple Songs <a href="https://www.youtube.com/watch?v=xNw1SSz18Gg">https://www.youtube.com/watch?v=xNw1SSz18Gg</a>			
<b>Instructions:</b> <ol style="list-style-type: none"> <li>1. Provide various small objects to the child (e.g. buttons, bottle caps, sticks, Lego pieces, etc.)</li> <li>2. Show cards or a piece of paper labelled with numerals (1-5) and with frames that matches the numeral.</li> <li>3. Ask your child to place the small objects on the frames to match the numeral.</li> <li>4. Make sure your child places the exact number of small objects on the frames.</li> <li>5. When your child is finished, invite your child to count the small objects on each card and ask how many then show the numeral.</li> </ol>		Refer to Activity book 7.4.1 and 7.4.2 for number cards and 5 frame templates	

Examples:



Nursery 2	Term 2: Delicious Food	Week 7	Lesson 7.5
Domain: Language		Lesson: Father's Day Story	
<b>Objectives:</b> <ul style="list-style-type: none"> <li>- Express their affections to their parents through discussion and planning for future activities</li> <li>- Answer questions about the story and relate the story to themselves</li> </ul>			
<b>Song: Thank You, Dad</b> (in tune of Jingle Bells) Thank you, Dad Thank you, Dad Thanks for loving me Hugs and kisses, hugs and kisses Comes to you from me  Thank you, Dad Thank you, Dad You are such a friend On this day I'd like to say, On you I can depend		<b>Song: Daddy, Daddy</b> (in tune of Twinkle, Twinkle, Little Star) Daddy, daddy let me say I love you in every way I love you for all you do I love you for being you Daddy, Daddy let me say Have a happy Father's Day!	
<b>Instructions:</b> <ol style="list-style-type: none"> <li>1. Ask your child what are the activities that he/she likes to do with his/her daddy?</li> <li>2. Introduce the story to your child (watch: <a href="https://www.youtube.com/watch?v=5twE6OmfhxU">https://www.youtube.com/watch?v=5twE6OmfhxU</a> - Superhero Dad)</li> <li>3. After watching the story, ask your child: "Who do you think is the superhero in the story?"            "If you were the little boy in the story, what would you do if daddy is busy?"            "What are some of the things that the dad does?"</li> <li>4. Sing again, 'Thank you, Dad'</li> </ol>			
<b>Activity:</b> <ol style="list-style-type: none"> <li>1. Continue art and craft activity.</li> </ol>		Refer to Activity Book 7.5.1 for template	

Nursery 2	Term 2: Delicious Food	Week 8	Lesson 8.1
Family Fun Activity Domain: Motor Skills and Development		Fun Exercises and Dance Routines at Home	
<b>Objectives:</b> <ul style="list-style-type: none"> <li>- Develop body muscles and improves body coordination skills</li> <li>- Enjoy the fun of exercising together as a family</li> </ul>			
<b>Instructions:</b> <ol style="list-style-type: none"> <li>1. Tell your child that you are going to do some exercises today.</li> <li>2. Tell your child that you need to wear comfortable loose clothes when doing exercises to avoid injury.</li> <li>3. Choose a big space at home.</li> <li>4. Set-up the video streaming for your family to use as a guide in doing the exercise/dance routines.</li> <li>5. After the session, ask your child how she felt while doing body exercises or dances and why doing it is good for the body.</li> </ol>			
<b>Activity: Fun Exercise at Home</b> <p>The goal is to make the children move more and sit less! So, let us make exercise routines fun while at home with these songs that are surely familiar with them. Open the links below. Invite the whole family and have fun!</p> <p>Action Songs for Kids   Singing Walrus - <a href="https://www.youtube.com/watch?v=dUXk8Nc5qQ8">https://www.youtube.com/watch?v=dUXk8Nc5qQ8</a></p> <p>A Ram Sam Sam Dance by the Learning Station - <a href="https://www.youtube.com/watch?v=zBttxAMxaXE">https://www.youtube.com/watch?v=zBttxAMxaXE</a></p> <p>Zumba Kids   I Like To Move It - <a href="https://www.youtube.com/watch?v=ymigWt5TOV8">https://www.youtube.com/watch?v=ymigWt5TOV8</a></p> <p>Let's Star Jump! by Debbie Doo and Friends - <a href="https://www.youtube.com/watch?v=Qgg8nZqYNmE">https://www.youtube.com/watch?v=Qgg8nZqYNmE</a></p> <p>Walking, Walking   Super Simple Songs - <a href="https://www.youtube.com/watch?v=fPMjnlTEZwU">https://www.youtube.com/watch?v=fPMjnlTEZwU</a></p>			

Nursery 2	Term 2: Delicious Food	Week 8	Lesson 8.2
Domain: Language		Lesson: My Favourite Lunch	
<b>Objectives:</b> <ul style="list-style-type: none"> <li>- Learn to make healthy food choices</li> <li>- Explain why he/she likes certain food</li> </ul>			
<p style="text-align: center;"><b>Poem: So Good For You</b>  Milk, fruits and vegetables  Meat and brown bread too  Try to have some every day, (pretend to eat)  They are so good for you</p>		<p style="text-align: center;">Milk, meat, bread and fruit  These will help me to grow  To be strong, tall and well, (show arm muscles and stand tall)  Healthy from head to toe</p>	
<b>Instructions:</b> <ol style="list-style-type: none"> <li>1. Ask your child about his favourite lunch. Recall the lunch that you had as a family.</li> <li>2. Share about the healthy plate (refer to attached picture)</li> <li>3. Using the plate template provide in the Activity Book, ask your child to draw his/her favourite lunch on the plate and colour it.</li> <li>4. Encourage your child to name his/her drawings on the plate.</li> <li>5. Let your child know that it is okay to ask help from you in drawing his/her favourite lunch.</li> <li>6. Establish conversation while your child is doing the activity. You may ask, "What do you want to draw?" or "Can you name it?"</li> <li>7. After your child finish his/her drawings, label the food that he/she included in his favourite lunch.</li> <li>8. Talk about his/her finished work by letting him/her share why he/she likes the certain food as his/her favourite lunch.</li> <li>9. Compliment your child's work to allow him to feel positive towards his/her own work.</li> <li>10. <a href="https://www.youtube.com/watch?v=vo8HZ6cMsO4">https://www.youtube.com/watch?v=vo8HZ6cMsO4</a> - The Lunch Song</li> </ol>			
<b>Activity: Lunch Box</b> <ol style="list-style-type: none"> <li>1. Do Language workbook page 6 and 10</li> <li>2. Let child create his/her own healthy plate during mealtime</li> <li>3. Let your child take his/her time, he/she could spread out the activities over a few days</li> </ol>			- refer to Activity Book 8.2.1 to 8.2.3



Picture Source: HealthHub

Nursery 2	Term 2: Delicious Food	Week 8	Lesson 8.3
Domain: Language (Phonics)		Lesson: Letter h	
<b>Objectives:</b> <ul style="list-style-type: none"> <li>- Review letter name and sound for 's, a, t, p, i, n, m, d, g, k, ck, e, r'</li> <li>- Identify and sound out letter 'h'</li> </ul>			
<b>Song:</b> The Letter H Song - Learn the Alphabet (Bounce Patrol - Kids Songs) <a href="https://www.youtube.com/watch?v=NtUSMBzacQQ">https://www.youtube.com/watch?v=NtUSMBzacQQ</a> Dr Alice Tang   Phoneme Video <a href="http://alicetang.net/video-phonemes/">http://alicetang.net/video-phonemes/</a>			
<b>Instructions:</b> <ol style="list-style-type: none"> <li>5. Revise by showing lettercards for 's,a,t,p,i,n,m,d,g,k,ck,e,r'</li> <li>6. Introduce letter 'h'</li> <li>7. Ask child what letter you are showing and ask the letter sound (repeat 3 times if necessary).</li> <li>8. Ask what words/ objects/ places/ names start with 'h'.</li> <li>9. Demonstrate how to write the uppercase and lowercase letter 'h'.</li> </ol>		<ul style="list-style-type: none"> <li>- refer to lettercard templates in Activity Book 7.3.1</li> </ul>	
<b>Activity:</b> <ul style="list-style-type: none"> <li>- Explain to your child that you are going to make a craft that begins with the letter 'h'.</li> <li>- Place your hand on a big paper and demonstrate to your child how to trace your hand on the paper using a pencil or a pen.</li> <li>- Invite your child to trace his/her own hand on the paper. Trace both hands.</li> <li>- Assist your child in tracing the right hand if he/she is right-handed.</li> <li>- Take a scissors and assist your child in cutting his/her hand templates on the big paper.</li> <li>- Ask your child to write the uppercase letter 'H' at the centre part of the hand template and the lowercase letter 'h' on the other hand template. If your child is having a difficult time in writing, write the uppercase and lowercase letter 'h' in broken lines for him/her to trace.</li> <li>- Optional: decorate the hand template by colouring or pasting stickers</li> </ul>			

Nursery 2	Term 2: Delicious Food	Week 8	Lesson 8.4
Domain: Numeracy		Lesson: Five Frame Matching	
<b>Objectives:</b> - Count with understanding and recognise "how many" are in sets of objects			
<p style="text-align: center;"> <b>Song: Once I Caught a Fish Alive</b>            1,2,3,4,5 once I caught a fish alive            6,7,8,9,10 then, I threw him back again            Why did you let it go?            Because it bit my finger so            Which finger did it bite?            This little finger on my right         </p> <p style="text-align: center;"> <a href="https://www.youtube.com/watch?v=9ir_l7qTiZ4">https://www.youtube.com/watch?v=9ir_l7qTiZ4</a>            Nursery Rhyme - 1,2,3,4,5 Once I caught a fish alive/ NurseryTracks         </p>			
<b>Instructions:</b> <ol style="list-style-type: none"> <li>1. Recap numeracy concept learnt in week 7, lesson 7.4</li> <li>2. Provide a dice and various small objects (e.g. buttons, beads, Lego pieces, etc)</li> <li>3. Prepare 2 ten-frame templates for each player</li> <li>4. You can play/work with your child by taking turns in rolling a dice and putting the small objects on the frame according to how many dots are showing on the dice</li> <li>5. If you roll a 6, you miss a turn</li> <li>6. Keep going until all the ten frames have been taken</li> <li>7. The first to fill up all the ten frames wins!</li> </ol>		Refer to Activity Book 8.4.1 for Ten-frame templates	

Nursery 2	Term 2: Delicious Food	Week 8	Lesson 8.5
Domain: Discovery of the World		Lesson: Apple Slice Science	
<b>Objectives:</b> - Experiment and observe physical change in an apple			
<b>Action Poem:</b> <p style="text-align: center;"><b>Little Red Apple</b>          A little red apple grew high in a tree (point up)          I looked up at it, (shade your eyes and look up)          It looked down at me. (shade your eyes and look down)          "Come down please," I called. (use hand to motion downward)          And that little red apple fell right on my head. (tap the top of your head)</p>			
<b>Instructions:</b> <ol style="list-style-type: none"> <li>1. Tell your child that you are going to conduct an experiment with an apple.</li> <li>2. Prepare the materials to be used in the experiment. (Materials: apple, vinegar, milk, baking soda, lemon juice, small containers)</li> <li>3. Invite your child to describe the apple based on appearance, shape, colour, texture and taste.</li> <li>4. Ask: "Have you ever seen a bit of apple that is not eaten after a while? What happens? How does it look?"</li> <li>5. Explain that you will find out how the apple will look like if it is peeled and left exposed as other substances are added to it.</li> <li>6. Peel the skin off the apples and cut into slices.</li> <li>7. Fill in each container with vinegar, baking soda, lemon juice, and milk. Place an apple slice in each container with substances. One container with an apple slice should be empty and without any substance.</li> <li>8. Leave the apple slices in the containers and check on the changes of the apple slices daily.</li> <li>9. Allow your child to tell the differences among the apple slices and ask why some apple slices are brown and others are not.</li> <li>10. Ask which apple slice they would like to eat.</li> </ol>			
<b>Activity: Apple Slice Science</b> Refer to attached picture - Apple Science Experiment: Prevent Browning (by Teach Beside Me)			



Picture Source: Teach Beside Me

Nursery 2	Term 2: Delicious Food	Week 9	Lesson 9.1
Family Fun Activity Domain: Social and Emotional Development		Lesson: Healthy Snack Family Picnic (Indoor)	
<b>Objectives:</b> <ul style="list-style-type: none"> <li>- Discover healthy snacks from home</li> <li>- Family to eat healthy snack together</li> </ul>			
<b>Song:</b> We're Going on a Picnic (Simple Food Song for Kids) <a href="https://www.youtube.com/watch?v=1WNxXjSTQWo">https://www.youtube.com/watch?v=1WNxXjSTQWo</a>			
<b>Instructions:</b> <ol style="list-style-type: none"> <li>1. Prepare various healthy snacks available in your kitchen with your child</li> <li>2. Refer to Health Hub link for healthy snacks ideas: Guilt-free Healthier Snacks For Kids (<a href="https://www.healthhub.sg/live-healthy/1399/guilt-free-treats-for-kids">https://www.healthhub.sg/live-healthy/1399/guilt-free-treats-for-kids</a>)</li> <li>3. Lay a mat on the living room and let the members of the family sit around it</li> <li>4. Remind your child with the do's and don'ts like keeping his/her area clean, to observe hygiene and manners</li> <li>5. Encourage your child to name the healthy snacks. If your child is not able to, introduce the food items</li> <li>6. Encourage your child to say something about the food she/he is eating</li> <li>7. Have a family talk while everyone's enjoying the healthy snacks</li> <li>8. A family who snacks together stays together! 😊</li> </ol>			

Nursery 2	Term 2: Delicious Food	Week 9	Lesson 9.2
Domain: Language/Discovery of the World		Lesson: Where Does Our Food Come from?	
<b>Objectives:</b> <ul style="list-style-type: none"> <li>- Name where food comes from</li> <li>- Enumerate the sources of food</li> <li>- Sort foods according to its sources</li> </ul>			
<b>Song:</b> Where does food and vegetables come from? <a href="https://www.youtube.com/watch?v=CdPRZ3wjCxA">https://www.youtube.com/watch?v=CdPRZ3wjCxA</a>			
<b>Instructions:</b> <ol style="list-style-type: none"> <li>1. Show your child a selection of foods and/or food packaging.</li> <li>2. Ask your child to name each food and say where it comes from.</li> <li>3. Your child might say "the shops" but encourage her/him to think about where it comes from before it arrives at the shops.</li> <li>4. Take a specific food item and ask Where does this come from? (plant or animal)</li> <li>5. (For fruit or vegetable) Which part of the plant do you think this comes from?</li> <li>6. (For meat) Which animal do you think this food comes from?</li> <li>7. Get your child to sort the foods into 'foods from plants' and 'foods from animals.'</li> </ol> <p><b>Note:</b> Make sure that the food items/packaging are safe for your child to handle. You should not allow your child to handle raw meat or fish or opened cans.</p> <ol style="list-style-type: none"> <li>8. Check if your child sorted the items correctly and ask simple questions to see if she/he can explain where the foods come from.</li> <li>9. Tell your child that all foods come from plants or animals</li> </ol>			
<b>Activity:</b> <ol style="list-style-type: none"> <li>4. Do Language workbook page 11</li> </ol>		Refer to Activity Book 9.2.1	

Nursery 2	Term 2: Delicious Food	Week 9	Lesson 9.3
Domain: Language (Phonics)		Lesson: Letter B, Reader: Sid's Pet Rat	
<b>Objectives:</b> <ul style="list-style-type: none"> <li>- Review letter name and sound for 's-h'</li> <li>- Identify and sound out letter 'b'</li> <li>- Blend simple words in the book Sid's Pet Rat</li> </ul>			
<b>Song:</b> The Letter B Song - Learn the Alphabet (Bounce Patrol - Kids Songs) <a href="https://www.youtube.com/watch?v=kzzXROKd-i0">https://www.youtube.com/watch?v=kzzXROKd-i0</a> Dr Alice Tang   Phoneme Video <a href="http://alicetang.net/video-phonemes/">http://alicetang.net/video-phonemes/</a>			
<b>Instructions:</b> <ol style="list-style-type: none"> <li>1. Revise by showing lettercards for 's,a,t,p,i,n,m,d,g,o,c,k,ck,e,u,r, and h'</li> <li>2. Introduce letter 'b'</li> <li>3. Ask child what letter you are showing and ask the letter sound (repeat 3 times if necessary).</li> </ol>		Refer to Activity Book 7.3.1 for lettercards	
<b>Optional: for Children who have Star Rigby Book</b> <ul style="list-style-type: none"> <li>- Read Sid's Pet Rat book</li> <li>- Read the title of the story to your child. Point out while doing so</li> <li>- Introduce the words (segment and blend) <b>Pet rat sun muck get rid deck the no go</b></li> <li>- Explain words that are unfamiliar with your child</li> <li>- Read the story together.</li> <li>- Pause if there are questions or a need to explain words</li> <li>- Let your child explore the book by herself/himself, or if possible let her/him read to you</li> </ul>			
<b>Activity:</b> <ol style="list-style-type: none"> <li>1. Play the game of "I spy with my little eyes" (refer to Week 7, Lesson 7.3 for detailed instructions)</li> <li>2. Do Language workbook page 21</li> </ol>		Refer to Activity Book 9.3.1	

Nursery 2	Term 2: Delicious Food	Week 9	Lesson 9.4
Domain: Numeracy		Lesson: Five Frames Egg Carton	
<b>Objectives:</b> - Count with understanding using one to one correspondence 1-5			
<b>Song:</b> Top 10 Counting Songs   Learn To Count   Super Simple Songs <a href="https://www.youtube.com/watch?v=7D4K9oi7oBM">https://www.youtube.com/watch?v=7D4K9oi7oBM</a>			
<b>Instructions:</b> <ol style="list-style-type: none"> <li>1. Cut the number cards 1-5 (or 1-10 if your child is able to)</li> <li>2. Use egg carton with only 5 compartments</li> <li>3. Get any small toys available at home for counters (small bears, hair clips, rubber bands, dinosaur toys, etc)</li> <li>4. Place the number cards face down on the table</li> <li>5. Show your child the following steps on how to play the game</li> <li>6. Draw a number card and read out the number</li> <li>7. Count the appropriate number of counters into the egg carton</li> <li>8. Put one counter in each egg compartment</li> <li>9. Count the counters one more time once they are all in the frame</li> <li>10. Let your child do the activity or you can take turns</li> <li>11. Repeat until you finish numbers 1-5</li> <li>12. You can do up to number 10 once your child is familiar with numbers 1-5</li> </ol>		Refer to Activity Book 9.4.1 for number cards	

Nursery 2	Term 2: Delicious Food	Week 9	Lesson 9.5
Domain: Discovery of the World		Lesson: I Have a Problem	
<b>Objectives:</b> - To use senses to solve a problem			
<b>Song:</b> Five Senses Song   Song for Kids   The Kiboomers <a href="https://www.youtube.com/watch?v=vXXiyIGqliE">https://www.youtube.com/watch?v=vXXiyIGqliE</a>			
<b>Instructions:</b> <ol style="list-style-type: none"> <li>1. Invite your child to help you to solve a problem</li> <li>2. The labels from your sugar and salt sugar fell off and you would like to ask your child's help using his/her senses to solve the problem</li> <li>3. Ask your child what he/she know that could help to solve the problem? (The taste is different)</li> <li>4. Guide your child into coming up with a plan. Guess what's in the jars using one sense at a time, purposely saving the sense of taste for last</li> </ol>			
<b>Activity: Solve the Problem using Senses</b> <ol style="list-style-type: none"> <li>1. Sight: Both are white</li> <li>2. Sound: Neither one makes sounds, unless you shake them</li> <li>3. Smell: Can your child tell the difference?</li> <li>4. Touch: The sugar will leave your finger sticky</li> <li>5. Taste: Problem solved!</li> <li>6. Discuss with your child how did you solve the problem. Which senses helped the most/least to solve the problem? Why?</li> </ol>			

Nursery 2	Term 2: Delicious Food	Week 10	Lesson 10.1
Parenting Tips Domain: Current Issue / Discovery of the Worlds		Recycling/Plastic Packaging	
<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>- Gain awareness of what is happening around them</li> <li>- Learn how to apply the 3Rs to help the environment better</li> </ul>			
<p>With the Pandemic that we are facing, families have been asked to stay home to keep safe. With this mandate, we are also facing other problems such as no proper waste management disposal, more use of plastic, etc. We can use this opportunity to educate the children or encourage them to understand proper waste disposal. This is also linked to our current theme on food.</p> <p><b>What are the 3Rs?</b> Reduce, Reuse, and Recycle are three practices that we can observe to lessen the amount of trash we produce. Collectively, they are given the catchy nickname, 3Rs! Can you think of any examples of trash that your kids produce? (Examples include sweet wrappers, juice boxes/bottles, and leftover craft paper.)</p> <p><b>Reducing</b> is about minimising the amount of waste we produce in our everyday activities. We can exercise reducing our waste by:</p> <ul style="list-style-type: none"> <li>• Purchasing and using less items. For example, bringing our own carrier bags when we go shopping can help to reduce the number of plastic bags used!</li> <li>• Passing on leftovers to someone who needs it. Let's say that you bought too much paint. Once you're done with your painting, you can give your leftover paint to a friend instead of throwing it away! #sharingiscaring</li> </ul> <p><b>Reusing</b> is about looking for ways to use materials again. Glass containers, plastic bottles, and cloth bags are all reusable materials. You can use these items over and over to store food, stationery, or anything you can think of! Next time you go grocery shopping, look in your cart and try to think of ways to reuse all of the containers in it!</p> <p><b>Recycling</b> is about converting waste into materials that can be reused — so don't be so quick to throw everything in the trash! It's a good habit to separate <b>recyclable materials</b> from your trash and place them into designated recycling bins. Examples of recyclable materials include newspapers and metal cans.</p> <p style="text-align: right;">-Adapted from: 6 Environmentally-Friendly Actions for Kids (Income Eco Run, 2018)</p>			
<p><b>Activity: Watch videos</b> Plastic Packaging - Behind the News - <a href="https://www.youtube.com/watch?v=e4z7GKGBVYk">https://www.youtube.com/watch?v=e4z7GKGBVYk</a> Recycling for Kids/Kids Academy - <a href="https://www.youtube.com/watch?v=6jQ7y_qQYUA">https://www.youtube.com/watch?v=6jQ7y_qQYUA</a></p>			

Nursery 2	Term 2: Delicious Food	Week 10	Lesson 10.2
Domain: Language / Discovery of the World		Lesson: Where foods come from (follow-up on Week 9, Lesson 9.2)	
<b>Objectives:</b> <ul style="list-style-type: none"> <li>- Enumerate the sources of food</li> <li>- Name various places that food comes from</li> <li>- Answer simple questions</li> </ul>			
<b>Watch a video:</b> Where Does Our Food Come From   How is it Made   Made by Red Cat Reading <a href="https://www.youtube.com/watch?v=PnSCciL_K3g">https://www.youtube.com/watch?v=PnSCciL_K3g</a> Where Does Our Food Come From? - Behind the News <a href="https://www.youtube.com/watch?v=7FDVRQ9807c">https://www.youtube.com/watch?v=7FDVRQ9807c</a>			
<b>Instructions:</b> <ol style="list-style-type: none"> <li>1. Revise what they have learned on Week 9, Lesson 9.2</li> <li>2. Ask your child where he/she thinks the following foods come from: <ul style="list-style-type: none"> <li>o corn, beef, pork, milk, cheese, cabbage, grapes, pumpkin, eggs, broccoli, chocolates, coffee</li> </ul> </li> <li>3. You may also visit your fridge, fruits basket or pantry and have a guessing game on where those foods come from.</li> <li>4. Upon doing this activity, let your child label the vegetables, fruit or meat. There should be minimal prompting as this also helps with their vocabulary.</li> <li>5. To make it more interesting, as you go over the food, revise on healthy and unhealthy food.</li> <li>6. Ask your child why it is healthy or unhealthy. Explain further as to why it is healthy or unhealthy.</li> <li>7. This lesson helps to conclude the lessons/discussions you have been having at home.</li> </ol>			
<b>Activity:</b> Do worksheets		Refer to Activity 10.2.1 and 10.2.2	

Nursery 2	Term 2: Delicious Food	Week 10	Lesson 10.3
Domain: Language (Phonics)		Lesson: Letters 'Ff and ff'	
<b>Objectives:</b> <ul style="list-style-type: none"> <li>- Review letter name and sound for s-b</li> <li>- Identify and sound out letter 'f and ff'</li> </ul>			
<b>Song:</b> The Letter Ff Song - Learn the Alphabet (Bounce Patrol - Kids Songs) <a href="https://www.youtube.com/watch?v=gVJQL1E7BFQ">https://www.youtube.com/watch?v=gVJQL1E7BFQ</a> Dr Alice Tang   Phoneme Video <a href="http://alicetang.net/video-phonemes/">http://alicetang.net/video-phonemes/</a>			
<b>Instructions:</b> <ol style="list-style-type: none"> <li>1. Revise by showing lettercards for 's-b'</li> <li>2. Introduce letter 'f and ff'</li> <li>3. ff' as in "eff" (same as we pronounced the letter sound of "Ff")</li> <li>4. Ask child what letter you are showing and ask the letter sound (repeat 3 times if necessary).</li> <li>5. Ask what words/ objects/ places/ names start with 'f and ff'.</li> </ol>		Refer to activity book 7.3.1 for lettercards	
<b>Activity:</b> Do worksheets		Refer to Activity Book 10.3.1	

Nursery 2	Term 2: Delicious Food	Week 10	Lesson 10.4
Domain: Numeracy		- Lesson: Number Tracing and Counting	
<b>Objectives:</b> <ul style="list-style-type: none"> <li>- Able to do rote counting independently</li> <li>- Trace the numbers without help</li> </ul>			
<b>Song:</b> Counting 1-10 Song   Number Songs for Children   The Singing Walrus <a href="https://www.youtube.com/watch?v=DR-cfDsHCGA&amp;vl=en">https://www.youtube.com/watch?v=DR-cfDsHCGA&amp;vl=en</a>			
<b>Instructions:</b> <ol style="list-style-type: none"> <li>1. Revise the numbers from 1 to 10.</li> <li>2. Let child count on his/her own using own fingers.</li> <li>3. Guide child if he/she is unable to do so.</li> <li>4. Tip: 1. If you have a small whiteboard or rough paper, let your child practice writing numbers 1 to 5 or 1 to 10.</li> <li>5. If you have play dough at home, let them explore and use them to create numbers as well, it helps to practice their fine motor skills.</li> </ol>			
<b>Activity:</b> <ul style="list-style-type: none"> <li>- Do worksheet</li> </ul>		Refer to Activity Book 10.4.1	

Nursery 2	Term 2: Delicious Food	Week 10	Lesson 10.5
Domain: Art and Fine Motor Skill		Lesson: Playdough Making	
<b>Objectives:</b> <ul style="list-style-type: none"> <li>- Experience making playdough</li> <li>- Learning about cause and effect when mixing things together</li> <li>- Learning how to knead the playdough</li> </ul>			
Song: The Playdoh song <a href="https://www.youtube.com/watch?v=C9JYWUv1IEQ&amp;vl=en">https://www.youtube.com/watch?v=C9JYWUv1IEQ&amp;vl=en</a>			
<b>Materials:</b> <ol style="list-style-type: none"> <li>1. 1 cup of flour</li> <li>2. <math>\frac{1}{2}</math> cup of salt</li> <li>3. <math>\frac{1}{2}</math> cup of water (room temp or lukewarm)</li> <li>4. Food colouring (optional)</li> </ol>			
<b>Activity: Footprint Carrot</b> <ul style="list-style-type: none"> <li>- In a bowl, put in the flour</li> <li>- Mix in the salt</li> <li>- Gradually pour in the water and mix (If too dry, mix some water; if too sticky, mix in a bit of flour)</li> <li>- Then knead the dough, it should be smooth and non-sticky</li> <li>- Make a hole in the middle to pour in the food colour</li> <li>- Put it a ziplock bag to keep it from drying out or in the fridge. The dough can last up to 3 to 4 weeks before discard.</li> <li>- Enjoy! You may use dough to create letters and numbers to revise what the children have learned for the past weeks.</li> </ul>			

## References

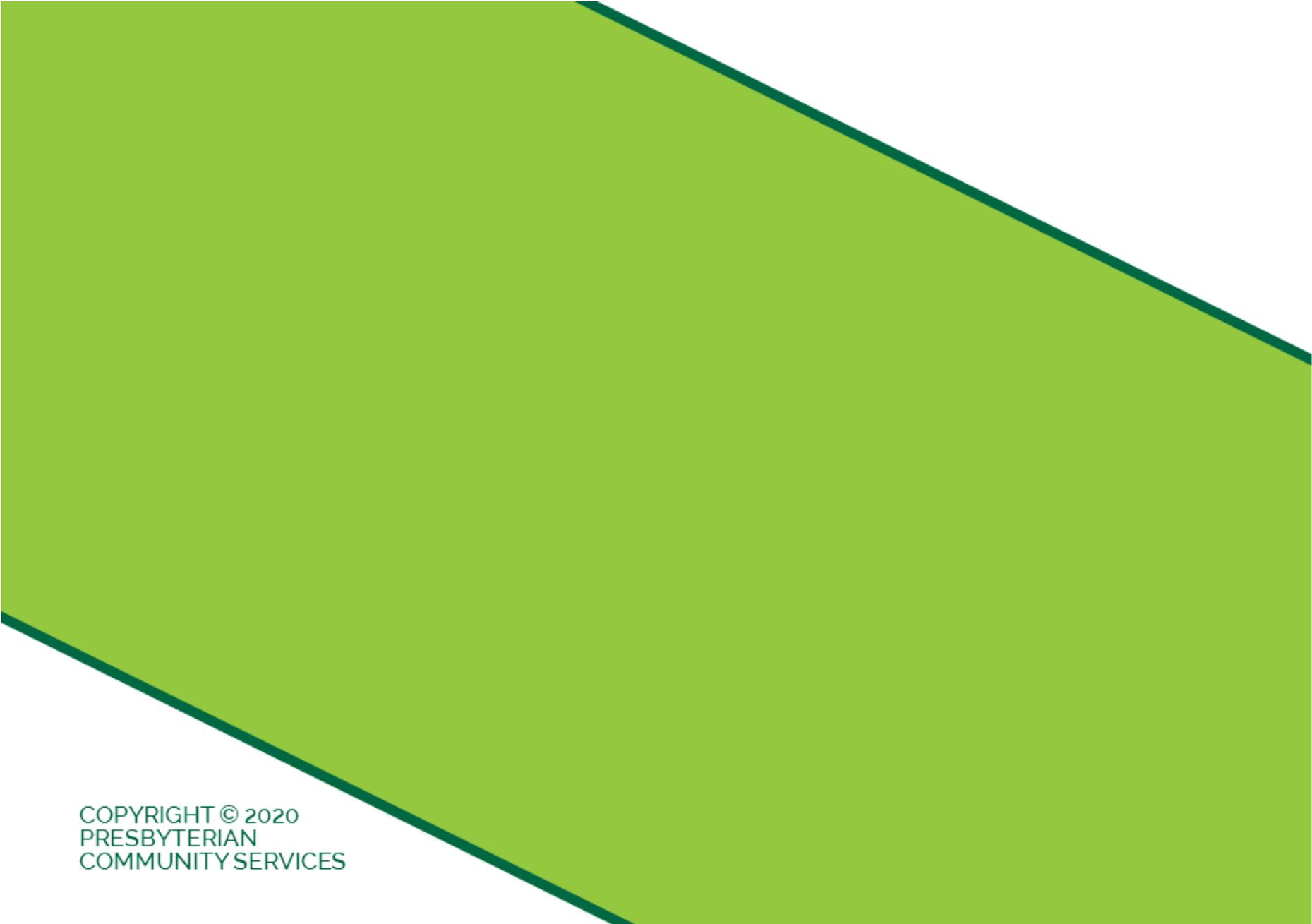
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### Videos:

1. Action Songs for Kids | Singing Walrus - <https://www.youtube.com/watch?v=dUXk8Nc5qQ8>
2. A Ram Sam Sam Dance by the Learning Station - <https://www.youtube.com/watch?v=zBttxAMxaXE>
3. Zumba Kids | I Like To Move It - <https://www.youtube.com/watch?v=ymigWt5TOV8>
4. Let's Star Jump! by Debbie Doo and Friends - <https://www.youtube.com/watch?v=Qgq8nZqYNmE>
5. Walking, Walking | Super Simple Songs - <https://www.youtube.com/watch?v=fPMjnlTEZwU> The Lunch Song | CoComelon: <https://www.youtube.com/watch?v=vo8HZ6cMsO4>
6. The Letter H Song - Learn the Alphabet (Bounce Patrol - Kids Songs): <https://www.youtube.com/watch?v=NtUSMBzacQO>
7. Dr Alice Tang | Phoneme Video: <http://alicerang.net/video-phonemes/>
8. One Potato, Two Potatoes by Super Simple Songs: <https://www.youtube.com/watch?v=efMHLkyb7ho>
9. How Many Fingers? By Super Simple Songs: <https://www.youtube.com/watch?v=xNw1SSz18Gg>
10. I Want to be Like Daddy <https://www.youtube.com/watch?v=FXeslZ8gG1o>
11. Peppa Pig: Pancakes <https://www.youtube.com/watch?v=Q6dd3EyuJsM>

12. How to Make Pancakes in Fun Shapes for Kids <https://www.youtube.com/watch?v=BFAAkC-g5RE>
13. Superhero Dad (read aloud) <https://www.youtube.com/watch?v=5twE6OmfxU>
14. The Letter R Song - Learn the Alphabet <https://www.youtube.com/watch?v=gUSJeivdEH8>
15. Once I Caught a Fish Alive [https://www.youtube.com/watch?v=9ir\\_l7qTiZ4](https://www.youtube.com/watch?v=9ir_l7qTiZ4)
16. Mummy <https://www.youtube.com/watch?v=SDgfiB3c2t8>
17. Healthy Hub, Guilt-free Healthier Snacks For Kids (<https://www.healthhub.sg/live-healthy/1399/guilt-free-treats-for-kids>)
18. Where does food and vegetables come from? <https://www.youtube.com/watch?v=CdPRZ3wjCxA>
19. The Letter B Song - Learn the Alphabet (Bounce Patrol - Kids Songs) <https://www.youtube.com/watch?v=kzzXROKd-i0>
20. We're Going on a Picnic (Simple Food Song for Kids) <https://www.youtube.com/watch?v=1WNxXjSTQWo>
21. Top 10 simple songs from super simple songs <https://www.youtube.com/watch?v=7D4K9oi7oBM>
22. Five Senses Song | Song for Kids | The Kiboomers <https://www.youtube.com/watch?v=vXXiyIGqliE>
23. 10 crunchy carrots with lyrics <https://www.youtube.com/watch?v=e365AEhvIQQ>
24. The Letter Ff Song - Learn the Alphabet (Bounce Patrol - Kids Songs) <https://www.youtube.com/watch?v=gVJQL1E7BFQ>
25. Where does are food come from? How is it made? [https://www.youtube.com/watch?v=PnSCciL\\_K3g](https://www.youtube.com/watch?v=PnSCciL_K3g)
26. Where does our food come from/Behind the News <https://www.youtube.com/watch?v=7FDVRQ9807c>
27. Plastic Packaging - <https://www.youtube.com/watch?v=e4z7GKGBVYk>
28. Recycling for Kids/Kids Academy - [https://www.youtube.com/watch?v=6jQ7y\\_qQYUA](https://www.youtube.com/watch?v=6jQ7y_qQYUA)
29. Plastic Packaging - <https://www.youtube.com/watch?v=e4z7GKGBVYk>
30. Recycling for Kids/Kids Academy - [https://www.youtube.com/watch?v=6jQ7y\\_qQYUA](https://www.youtube.com/watch?v=6jQ7y_qQYUA)
31. 10 in a bed <https://www.youtube.com/watch?v=NZkPYzIKZNc>
32. The Playdoh song <https://www.youtube.com/watch?v=C9JYWUv1IEQ&vl=en>



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